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Why Shouldn't I Cry?

Young males – building confidence



Why shouldn't I cry? (g)

My favourite team won their game and I cried tears of joy,
I've been told I shouldn't show my emotions, just because I'm a boy,
when I cry because I've hurt myself, I'm told to hold it all in,
I've been told my emotions aren't to be shown, they aren't allowed to win.

So, when I'm angry I punch the wall and then get into trouble,
my feelings aren't to be shown- they are to be kept in a bubble,

sample page

It's happening (g)

I woke up early this morning with bits
of hair upon my face,
I also have hair down below, I'm sure
it's in the wrong place,
hair should only be on my head, but
it's also on my legs and chest,
the hair around my 'male member' is
also an unwanted guest.

The next day my bed sheets were wet,
that hasn't happened for a very long
time,
my dad said I'm having wet dreams
and it was bound to happen
sometime,

sample page



Sexting (k)

Sent nude pictures to my girlfriend last night,
at first she was okay with it, then we had a fight,

Eventually, the pictures all ended up online,
thought I would be okay, but I'm feeling far from fine,

X-rated pictures have messed with my brain,
definitely know I won't be sending them again,

Teachers did warn my year of the nature of sexting,
I know after the trolling I got, I'll just stick to normal texting,

I honestly thought the pictures would just be for her to see,
turns out her friend was jealous of the relationship between
my girlfriend and me,

Never again will I send naked pictures of myself,
it is not worth it, could get a criminal record and not good
for my health,

Girlfriend apologised for what her friend did,
Says, sexting is best left to adults, not a school age kid.

sample page

Drink up? (g, l)

Don't drink to get drunk and try to impress,
true friends aren't going to like you any less,
alcohol is for people over the age of eighteen,
getting drunk at a young age, is not cool, do you know what I mean?

Drink up? Drink up?

Your head will be spinning and you maybe violently sick,
drinking as an adolescent, you'll get drunk really quick,

sample page

Believe

Always believe in the words "I can",
I know it's hard going from a boy into a man,

Don't doubt that you are loved when times get tough,
You're going to experience the smooth as well as the rough,

sample page

