

BISI AKINOLA-ARUTOGHOR

#whoami

Young females – from puberty to self discovery



Thorn in my side (d, g)

Like a thorn in my side,
I've nowhere to hide,
you've got a sting in your tail,
and you'll get me without fail.

Is it my hair, my size or my shoes?
whatever it is I'll always lose,
tell me what's wrong I'm sure we can
sort it out,
but you'd rather get angry, lash out
and shout.

sample page

I May..... (d, g, i)

I may not be as tall as you,
but it doesn't mean you should make
me feel small.

I may not be as 'pretty' as you,
but it doesn't mean your words to me
should be ugly.

I may not be as popular as you,
but that doesn't mean you should make
me unpopular by telling lies about me.

I may not be as quick as you,
but that doesn't mean you should slow
me down by standing in my way.

I may not be as 'intelligent' as you,
but that doesn't mean you should say
my opinions are stupid.

I may not be as funny as you,
but that doesn't mean you should not
take me seriously.

Don't put me down because you feel
you can,
Disrespecting me shouldn't be part of
your plan,
Respect me as much as I respect you,
Helping each other is what we should do.



#Whoami (g)

Should I have my hair short, or should I have it long?

If I follow the crowd, does it make me weak or does it make me strong?

Studying all day and partying all night,
Don't want to do either, am I wrong or am I right?

Smoking, drinking, taking drugs just to get high,
If I do any too much, will I live or will I die?

sample page

Happier Place (g, h, i, m)

"Ha, ha, there goes thunder thighs".

I smile at my aggressor, turn around and then dry my eyes,

"He, he, look, her bum is bigger than the sun".

I get around the corner and do nothing but run.

Maybe, they're right, I am way too fat,

Well, going on a strict diet will help with that,

On the menu tonight, is an apple and some water,

I don't want to be known as Karen's fat daughter.

sample page

Don't smile

"Don't smile" he said to me, then my frown turned into a small grin,
"Don't smile" he said again, I turned my face away as I didn't want him to win,
"Don't smile" he repeated but this time I couldn't get mad,
"Don't smile" were the words he used to stop me feeling sad.

sample page