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Things that make you go hmmm...

*Reflection - Thought provoking
points of view*



Loving me

I've been on this diet as long as I
can remember,
well, if I'm being honest I started in
1992, December,
two pieces of celery, and plenty
of water,
I'm sure I'm drinking rather more than
I oughta.

hungry all day, gasping for some fat,
forget about the hunger pangs by
doing 400 crunches on the mat,
stretch, two, three, four, five, six,
seven, eight,
this keep fit lark is something that I
do hate.

sample page

All dressed in...

Long dress, short dress,
Got to look good, got to impress.
Long hair, short hair,
Does anyone really care?
Keep fit, lose weight,
Exercises I just do hate.

2 or 3 tiers,
Plenty of tears throughout the years.
Hen night, stag night,
Morning comes will both look a sight.

sample page

Things that make you go hmmm....

Falling in love at a very young age,
Every crush is a bright, blank, new page,
Being in love twenty four seven,
A feeling like you're in chocolate
heaven.

Roaming the streets without a home,
Not always the luxury of a mobile
phone,
Lying awake thinking if there's
anything to eat,
Walking to find food is hurting your feet.

The world always seems to be at war,
Surely mankind can do much,
much more,
Waking up and feeling fine,
Praying that today you have a lot
more time.
Taking the life of another man,
Done because he looked at you and
you can,
Burying a loved one before their time,
Being around a man with a gun was
there only 'crime'.

sample page

Rush Hour

Sitting here waiting, waiting on you,
my mind is all over the place, thinking of what I can do,
before I know it you have come and gone,
I'm going to be late it's already half past one.

you don't wait around at all do you mate?
I'm rushing around the place but I'm still late,
go on give me a break it's the least you can do,
you know I'm right; I would do it for you.

sample page

Beautiful, you

I really have no problems with people growing old gracefully, it's a bit much, however, when you look 25 but really you're 53.

A little tuck here, a little tuck there, it's expensive, I'm sure, The thing is, for some people, they always need a little more,

Maybe, insecurity is eating away, something you want to hide, Really, all I'm bothered about, is the beautiful you, inside.



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